

**Psalm 127:1-2**

How do you see adrenaline misused in today's society? Do you or a loved one have a problem with habitually pushing past the limits of healthy balance? Why would that be "in vain" from God's perspective?

**Psalm 4:8**

**Philippians 4:5-7**

What needs to change in your perspective so that you would be willing to make decisions to live by God's design?

**Space for Your Sermon Notes:**



ST PAUL'S Sarisbury Green

Sunday 27th April 2008

LifeShapes

Living Life in God's Rhythm Part 2

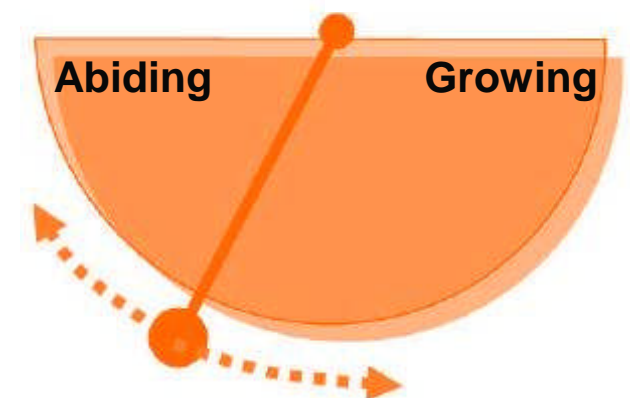
**Space for Your Sermon Notes:**

**Key Passages:**

**Exodus 16: 21-26**

**John 15: 1-8**

**PRUNING      FRUITFULNESS**



## Going Deeper

Pruning is a painful process, yet it is needed for healthy growth and fruitfulness. What has pruning looked like in your life in the past? What might it look like in the future?

The benefit from God's pruning in our lives is partly dependant on our response to it. How do you respond to God's pruning? How does knowing that this is part of God's ordained rhythm of life help you accept and welcome times of pruning?

Growth is part of God's plan and design for all of us. Look back over the past year and see if you can identify areas in your life where you have grown. What has led to and helped that growth?

Looking to the next year in what areas would you like to grow? List them down and then talk to God about them.

Fruitfulness is part of the design of creation. How are you fruitful in your Christian life? In what areas would you like to be more fruitful?

### **Matthew 11:28 –30**

What does Jesus mean by taking up his "yoke"? Is Jesus' yoke resting lightly on you or are you struggling to get out from under it? Why? How does taking up his way lead to rest?

### **Philippians 1: 3-11**

Paul writes to the Philippians and prays that their love will grow in the wisdom of the Lord. What can you do personally that will build up our love through Jesus Christ in the St. Paul's faith community?

### **Psalm 23**

The hope that comes from our personal relationship with Jesus Christ is captured in Psalm 23. How does the hope of your relationship with Jesus sustain you, protect you and restore you?